



YOUR

LifeCOACH
DISCIPLESHIP

Roadmap

A STEP-BY-STEP GUIDE FOR MAXIMIZING
YOUR DISCIPLESHIP MEETINGS

Getting to Know You

Before the Meeting

- Schedule a “Get to Know You” session with your potential group. You may want to meet before or after church, or at a restaurant or coffee shop.
- The purpose of this meeting is to give them an overview of the discipleship process and cast the vision for what their life could look like at the end of 10 weeks of seriously investing in their walk with God.
- Don’t forget to bring your *LifeCoach: Discipleship* book as well as your smartphone or tablet device.

Things to Keep in Mind

- The goal of this meeting is to build the relationship. This meeting is focused on getting to know the individual as a person.
- Remember that people willingly accept accountability when they know you have their best interest at heart. You need to demonstrate that this journey is your investment in them because you believe in them and want to see them reach their fullest potential in who they are in Christ.
- If the person you’re talking to seems more like a seeker / pre-believer but still has many unanswered questions about God, you may want to do Week 2 – The God Questions first. Deal with removing the “intellectual barriers” towards coming to Christ and then go back and work through Week 1 – Salvation. To unlock Week 2, have them click the “Save & Submit” button in each daily lesson in Week 1. (You don’t need to answer the questions to unlock the next week’s lesson.)
- The app is free for the participant to download and begin using. We kindly ask that you as their coach would make a \$10 or \$20 donation to this ministry as we incur a great deal of expense to maintain the cloud-based servers in which the person’s profile and answers are saved. It is only through the generous donations of other disciple-makers that we are able to keep this product as a free resource to all participants. In version 2.0, you can make a donation directly through the app as an in-app purchase.
- By making a donation to this ministry, you can let your participant know that you have personally invested your own resources in providing this material to them free of charge. It ensures a higher level of participation when an individual knows that you are not only committed to give your time to invest in them but also your material resources as well.

Salvation Debrief

- Go back over participant responses to the questions in the app. Did they ask a question that you need to provide clarification? Did they have a weak grasp on some Biblical concept?
- Pay attention to their salvation story and whether or not they have been scripturally baptized. If you need to schedule a baptism, know who to communicate that to in your church.
- The emphasis of this meeting is to make sure that the person you are discipling has truly been born-again. Without this as a solid foundation, you have nothing else to build upon.

Week 1 At A Glance

DAY 1 – What is the Gospel?

Five things God does not know. . .

1. God does not know how to love you more than He already does.
2. God does not know how to ignore sin.
3. God does not know how to turn away anyone with repentance.
4. God does not know another way to be saved.
5. God does not know a better time to make this decision.

DAY 2 – How Can I Be Sure I'm Really Saved?

Understanding salvation:

1. Being born-again is a definite experience.
2. Salvation has nothing to do with your self-effort.
3. You can be 100% assured of your salvation.

The birthmarks of a believer are:

1. Are you enjoying a relationship with Jesus?
2. Do you see a decreasing pattern of sin in your life?
3. Do you strive to obey God's Word?
4. Do you see a decreasing love for the things of this world?
5. Do you love the body of Christ?
6. Do you experience answered prayer?
7. Are you experiencing criticism or rejection because of your faith?

DAY 3 – Can I Ever Lose My Salvation?

John 10:27-29 – As God's sheep, nothing can snatch us out of His hand.

Romans 8:38-39 – the ten things that cannot separate us from God.

What happened when you got saved? E.S.P.N.

DAY 4 – How Can I Grow in My Friendship With God?

The foundations of friendship are:

1. Time spent together
2. Two-way communication
3. Vulnerability
4. Shared interests

How can we grow in our friendship with God? Five basic ways are listed.

DAY 5 – Why is Baptism Such a Big Deal?

Why is the method important? What does baptism symbolize? Who should be baptized? When should I be baptized? Are we fully saved after?

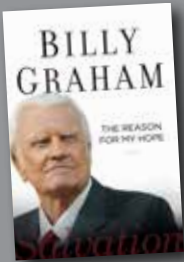
Questions

- What stood out to you the most in this first week of study?
- How would you define what it means to be a “Christian”? Why are you a Christian? (Phil. 3:7-11)
- Do you believe that God fully loves you and accepts you just the way that you are?
- How do you live differently knowing that you are one of God’s children?
- Have you been seeking anyone else’s approval or acceptance of you more so than enjoying God’s?
- What does it mean to “grow in Christ”? Why should you want to grow in Christ? (John 17:3)

My Notes: _____

Additional Resource:
The Reason for My Hope: Salvation
By Billy Graham

This book is biblical and timeless, and though simple and direct, it is far from easy. There are hard words, prophetic words, directed toward a culture that denies the reality of sin and distracts us from the veracity of Hell. But through its ominous warnings shines a light that cannot be extinguished, a beacon of hope that Jesus came to seek and to save that which was lost.



God Questions Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. Keep in mind that this week is pretty heavy on the intellectual side.
- The purpose of this week is to give the person “talking points” when discussing matters of faith with unbelievers AND to give them Biblical answers to some of the world’s toughest questions.
- The emphasis of this meeting is two-fold. You want to help them develop some “talking points” to defend their faith with others as well as to explore any “unanswered” questions they may have.

Week 2 At A Glance

DAY 1 – How Can I Know God is Real? Romans 1:18-20

Cosmology Argument: Why does the Universe exist?

Teleological Argument: How do you explain complex design?

Ontological Argument: Why does every culture have concept of God?

Consciousness Argument: How do you explain you?

Moral Argument: On what basis do we understand good and evil?

Experiential Argument: Why do people find God if He doesn’t exist?

DAY 2 – Is the Bible Really the Word of God?

The Bible is . . .

1. Scientifically Correct,
2. Historically Reliable,
3. Consistently Unifying,
4. Prophetically Accurate,
5. Personally Transforming

DAY 3 – Is Jesus the Only Way To Heaven?

Christianity is drastically different from every other religion. What makes Jesus different?

1. His fulfillment of prophecy,
2. His unmatched character,
3. His amazing miracles,
4. His resurrection from the dead

DAY 4 – Why Does God Allow Suffering?

God gave man the choice to choose to love and follow God or not.

Man made the wrong choice, and as a result, sin and suffering entered.

All suffering can be traced back to people disobeying God (three types of evil: Moral, Natural, and Social) Evil is the absence of God. Yet because God is sovereign, He can still accomplish something positive out of the negatives of life. We rest in the hope of knowing that one day, everything will be made right.

DAY 5 – How Can I Understand the Trinity?

The teaching of the Trinity is found throughout the Bible.

God the Father thought of our salvation

God the Son bought our salvation

God the Holy Spirit brought our salvation

Bible Study Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. The purpose of this week is to teach what is perhaps the most important spiritual discipline we can have – time in God’s Word.
- IMPORTANT: This book gives a lot of ways that you can grow. These are all “tools for their tool belt.” They may feel a little “bogged down” if they think that the expectation is to spend elaborate amounts of time in God’s Word, AND memorize Scripture every day, etc. Emphasize that this is to teach the different types of ways we can grow – not that we have to do them all on the same day.

Week 3 At A Glance

DAY 1 – Why Should I Read the Bible?

What is the Bible?

Characteristics of the Bible (God’s Word is Alive and Active)

The Power of God’s Word – a two-edged sword

God’s Word within us

DAY 2 – How Do I Study the Bible? Part 1

The Devotional Method of Bible Study...

1. Pronounce It! “The LORD is my shepherd, I shall not want...”
2. Picture It! See yourself in the story
3. Probe It! Ask good questions (S.P.A.C.E.P.E.T.S.)

DAY 3 – How Do I Study the Bible? Part 2

4. Paraphrase It! Put the Scripture in your own words
5. Personalize It! Put your name in place of nouns / pronouns
6. Pray It! Turn that Scripture into a prayer back to God.

Principles of Bible Study and Interpretation (9 of them)

DAY 4 – How Do I Apply the Bible?

James 1:21-25 – We become what we behold.

1. Receive the Word with a ready heart
2. Reflect on the Word with an open mind
3. Respond to the Word with intentional obedience

Read it carefully, review it intentionally, remember it habitually.

DAY 5 – How Do I Memorize Scripture?

Five ways we can expose ourselves to God’s Word (Hearing, Reading, Studying, Memorizing, and Meditating).

Why memorize Scripture? (3 reasons)

The Benefits of Memorizing Scripture (7 benefits)

How Can I Memorize Scripture? (3 easy steps)

Prayer Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. The purpose of this week is to communicate the importance of prayer, how God answers prayer, as well as keeping in mind that prayer involves two-way communication – we must also listen to God in prayer.
- One of the most practical tools included in this week is how to develop a prayer journal. Again, it's important to emphasize that these are all “tools” to grow – not legalistic expectations! If you have a prayer journal, bring it to the meeting and show the person you're discipling. Show them how you are specifically praying for them in your journal.

Week 4 At A Glance

DAY 1 – Why is Prayer so Powerful?

Prayer promise – 1 John 5:14-15. What it means to pray in His will.

Four ways God answers prayer (direct, different, denied, delayed)

When you should stop praying.

How prayer changes you and your perspective.

DAY 2 – How Should I Pray?

An in-depth look at the Lord's Prayer as a model for our own prayer lives.

DAY 3 – How Can I Pray Consistently?

Matthew 7:7-11. The Benefits of Keeping a Prayer Journal (7 benefits). George Mueller's persistence in prayer. The three assurances of answered prayer.

DAY 4 – How Does God Talk to Us?

God speaks through Scripture

God speaks through Impressions

God speaks through Other People

God speaks through Special Circumstances

God speaks through Dreams and Visions

DAY 5 – How Can I Listen to God's Voice?

Why we need to listen expectantly.

Ephesians 2:6 reminds us that when we pray, we're in two places at once. Habakkuk's prayers.

An outline for how to listen to God:

Wow – Now – How

Worship Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. The purpose of this week is to show what it means to live a lifestyle of worship – which involves a full surrender of our lives and walking in the filling of the Holy Spirit.
- One of the most important teaching tools is Clarence McLarkin's Threefold Nature of Man. Bring your workbook and discuss the chart on page. 114 (this is not in the app)
- Discuss what level they are on in the Generosity Ladder (chart on page 137 as well as the income chart on page 136.

Week 5 At A Glance

DAY 1 – How Can I Live a Lifestyle of Worship?

The theology of Body, Soul, and Spirit.

Worship by seeking the spirit

Worship by sanctifying your soul

Worship by surrendering your body

DAY 2 – How Can I Be Filled with the Holy Spirit?

What does the Holy Spirit do? (Commission you, Comfort you, Counsel you, and Convict you)

How do we become filled with the Holy Spirit? (1. Surrender yourself completely, 2. Continue to give Him control, 3. Ask the Holy Spirit to fill you)

What does a Spirit-filled life look like? (A life marked by joy, thankfulness, and graciousness)

DAY 3 – What is the Power of Praise and Worship?

1. Praise and Worship shows how much reverence you have for God
2. Praise and Worship will refresh you spiritually.
3. Praise and Worship will release your faith.
4. Praise and Worship reflects your gratitude
5. Praise and Worship resists our enemy

DAY 4 – How Can I Increase My Faith?

Our faith grows when we:

1. Walk with God through difficulty.
2. We remember God's faithfulness in the past.
3. We mature in our understanding of who God is.
4. We believe in God's promises.
5. We step outside of our comfort zones.

DAY 5 – How Can I Grow in Generosity?

Generosity Ladder – Five levels of giving

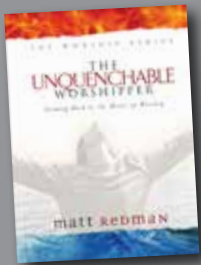
Questions

- How have you been growing in your faith (knowledge) this week of Jesus and His truths?
- How have you sensed God's presence in your life during this past week?
- Specifically what area of your life do you feel that God most wants to change? Have you taken any specific steps to make those changes?
- Talk about your understanding of what it means to live a "Spirit-filled life." Why is that important?
- Take a look at the "Threefold Nature of Man" chart (pg. 114). Does this make sense to you?
- Take a look at the Generosity Ladder / Income chart on pages 136-137. What is your giving goal this year? What changes do you need to make to reach that goal?

My Notes: _____

Additional Resource:
The Unquenchable Worshipper
By Matt Redman

The Unquenchable Worshipper issues a passionate call for a return to an unadulterated, first-love lifestyle of worship. In his first book release, respected worship leader and songwriter Matt Redman writes: "The revelation of God is the fuel for the fire of our worship. And there is always more fuel for the fire. When we open the eyes of our heart, God's revelation comes flying at us from so many different angles."



Sin and Temptation Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. The purpose of this week is to show the dangers of sin and how to overcome temptation.
- It's important for you to be as vulnerable as possible with the person you are discipling. Be as transparent and vulnerable with your own sin struggles as much as possible. To the degree that you are vulnerable and transparent with them will be the degree that they are mutually vulnerable and transparent with you.
- Ask them if there is anything that you can keep them accountable for? Assure them that they can trust you as a confidante and prayer partner.

Week 6 At A Glance

DAY 1 – What Happens When a Christian Sins?

When we sin against God, we may lose fellowship, but we never lose relationship

There are three aspects to our salvation: 1.) Justification, 2.) Sanctification, and 3.) Glorification

What happens when we sin? Psalm 51 teaches us what David's sin did to him.

How can we tell the difference between Satanic accusation and Holy Spirit conviction? 1.) Satan accuses you of sin that has already been confessed, and 2.) The devil will try to make you feel guilty in general for no reason. Conviction is the Holy Spirit putting pressure on a specific sin you have committed and reminding you it was wrong. A Christian cannot sin without suffering.

DAY 2 – What is Spiritual Warfare?

Everything visible and physical is controlled by something invisible and spiritual.

What is Satan's four-fold attack on your life?

How are we to combat spiritual warfare? The Armor of God (Ephesians 6:10-17)

DAY 3 – How Do I Keep My Mind Pure?

Your life will always move in the direction of the dominant images you allow to reside in your mind.

Satan has aimed his heaviest artillery at your mind, because he knows that if he captures your mind, he captures you.

What is Satan's strategy to attack your mind?

What are the three steps to win the battle of your mind?

DAY 4 – How Can I Come Clean With God?

The Prodigal Son story teaches us that if we don't understand grace, we'll never be relieved of guilt.

When the Father saw his Prodigal Son return home he gave him four things:

1. Forgiveness
2. Family
3. Favor
4. Fellowship

How can we come clean with God? Three steps.

DAY 5 – How Can I Overcome Temptation?

What you fail to destroy will eventually destroy you. If you find yourself still struggling with the same sin, follow this process: 1.) Cry out to God, 2.) Confess it to God, 3.) Communicate your struggle to another Christian, and 4.) Commit to your plan of action before temptation strikes: A.N.T.H.E.M.

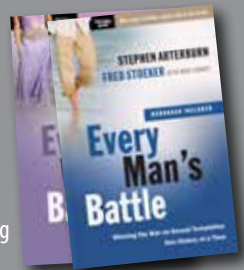
Questions

- Would you mind if I share with you some of the struggles I've had with sin and temptation?
- If you were Satan, what temptations would you be throwing your way?
- Is there anything that has dampened your zeal for Jesus Christ?
- What sins has God forgiven you of, but you don't feel forgiven?
- Review the ANTHEM acrostic (page. 163-164). How might that help you overcome temptation?
- Is there anything you want me to hold you accountable for and ask you next week?

My Notes: _____

Additional Resource:
Every Man's / Woman's Battle
By Stephen Arterburn and Fred Stoeker

Every Man's Battle shares the stories of dozens who have escaped the trap of sexual immorality and presents a practical, detailed plan for any man who desires sexual purity—perfect for men who have fallen in the past, those who want to remain strong today, and all who want to overcome temptation in the future.



Community Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. This week covers topics regarding church membership, small groups, accountable relationships, as well as spiritual gifts.
- Spend some time talking about their involvement in the body of Christ as well as being in a small group.
- Review their spiritual gifts as well as their S.H.A.P.E. and be prepared to discuss yours as well.

Week 7 At A Glance

DAY 1 – What Is My Role as a Church Member?

A Christian without a church home is like an orphan without a family. Why do we need the church? 1.) We need God's people, 2.) We need God's principles, 3.) We need God's purpose, and 4.) We need God's presence. What is your role as a church member? 1.) Be faithful with your attendance, 2.) Be careful to protect the unity, 3.) Be prayerful for your pastor and leaders, 4.) Be bountiful in your financial support, 5.) Be mindful about your own preferences, 6.) Be thoughtful in encouraging others, 7.) Be purposeful in fulfilling the mission

DAY 2 – Why Should I Be In A Small Group?

The early church grew rapidly because they met corporately for large church worship and small group fellowship - house-to-house. God created us to be in community with other believers. Some of the benefits of being in a small group are: 1.) to understand the Bible better through group discussion, 2.) to develop close relationships with other believers, 3.) to find answers to the needs in your life through group prayer, 4.) to get support during times of crisis, 5.) to demonstrate to lost friends the love of Jesus in a non-church setting, 6.) to contribute to the body of Christ.

DAY 3 – Why Are Relationships Vital to My Growth?

You will become like those you spend the most time with. David and Jonathan teach us the value of true accountable friendship: A biblical friend holds you up when you stumble and holds you down when you stray. In this lesson, we give a number of great questions you can have an accountability partner ask you to enable you to grow in areas where you might struggle.

DAY 4 – What Are My Spiritual Gifts?

Spiritual gifts are not for my benefit, but for the benefit of others. This lesson covers the following spiritual gifts: Prophecy, Service, Teaching, Exhortation, Giving, Administration, and Mercy. Under each spiritual gift is a description of it, the characteristics of one who has that gift, as well as some precautions to note if this is your spiritual gift.

DAY 5 – How Has God Shaped Me to Serve?

S.H.A.P.E. stands for "Spiritual Gifts, Heart, Abilities, Personality, and Experiences." Your heart tells you what you're most passionate about. Your abilities tell you what you're naturally good at. Your personality describes your unique temperament. Your experiences help you evaluate how God has used your past to shape your present.

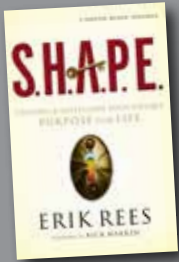
Questions

- Do you think that church membership makes one a disciple? What's your opinion?
- Can you think of any ways that you have shown God's love to someone this week?
- Let's look over your Spiritual Gifts and your S.H.A.P.E.
- (Share with them how what you see in them confirms their SHAPE and gift mix).
- Let's talk about your passions. What are you most passionate about? How might that influence the call that God has on your life?

My Notes: _____

Additional Resource:
S.H.A.P.E.: Finding and Fulfilling Your Unique Purpose for Life
By Erik Rees

Rees shows you how to uncover God's most powerful and effective means of advancing his kingdom on earth: your own irreplaceable, richly detailed personal design. Based on the purpose of ministry outlined in *The Purpose Driven Life*.



Discovering God's Plan Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. In this week's study, your participant(s) discovered how to find God's will for their life, how God uses our problems to grow us, how to make our work our ministry, and how to follow the promptings of the Holy Spirit.
- Spend a considerable amount of time on any big decision they may be facing in their life and how to discover God's will and plan regarding that decision.

Week 8 At A Glance

DAY 1 – What Do I Do When I Feel Like God Can't Use Me?

1 Corinthians 1:26-29 profiles the types of people God is looking to use. God doesn't call the qualified, He qualifies the called. God uses those who don't feel smart enough, strong enough, sophisticated enough, special enough, or significant enough. God uses us in spite of our insecurities and He will often use you in areas where you're most insecure.

DAY 2 – What Is God's Will for Me?

There are three different types of God's will mentioned in the Bible:

1. Providential will
2. Principled will
3. Personal will

To find God's will for your life answer the following questions:

1. Are you spirit-filled?
2. Are you saturated in God's Word?
3. Are you being sanctified?
4. Are you submissive?
5. Are you fully surrendered?

DAY 3 – Does God Have a Plan for My Problems?

God uses problems to direct me (He will sometimes use our pain as the launching pad to our greatest calling), to inspect me (God does use problems to test our character as well as our faith), to correct me (God may use problems to discipline us), to protect me (sometimes suffering is a blessing in disguise), and to perfect me (the ultimate goal of trials and tribulations is to conform us more into the image of Christ).

DAY 4 – How Can I Make My Work My Ministry?

We represent Jesus Christ everywhere we go— especially the workplace. God loves it when we work – it's part of His plan for us. When we work at our jobs, we should work as if God Himself is our employer. God wants us to be light in darkness. We can make our work our mission field by: 1.) Being a resource person for others at work, 2.) Inviting them to church or special events, 3.) Conduct an on-site Bible study group at work during "off-hours."

DAY 5 – How Can I Follow the Promptings of God's Spirit?

How can we be led by God's Spirit? God sometimes prompts us or nudges us to 1.) avoid a compromising situation or to take a course of action, 2.) to share the love and message of Jesus with someone, or 3.) to be God's blessing to an individual. God uses us when we are prepared to be used. We can be a conduit for God's blessing, presence, and power to flow into the life of someone else.

Questions

- What did God teach you most this past week?
- In what ways do you struggle with feelings of inadequacy or inferiority? Do you think those feelings are hindering you from allowing God to use you?
- In what ways do you feel God is forming you into the image of Jesus right now?
- What are some big decisions coming up that you'll need to follow Jesus' leadership in?
- What is in your life today that you are holding back from God and you need to surrender?
- Where in your life is it hardest to trust Jesus? (Proverbs 3:5-6; Psalm 125:1-2)
- What is God's ultimate goal for our life? (Mark 14:35-36)

My Notes: _____

Additional Resource:
Just Do Something!
By Kevin DeYoung

Kevin's book is a good one, written in a fun, accessible way. It's particularly ideal for a young adult audience and at only 128 pages it doesn't represent a long or difficult read. It's priced at just \$7 or \$8 so is easily affordable. Because of its size and style, it's a great place to begin as you build or renew a theology of knowing and doing God's will.



Sharing Your Story Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. In this week's study, your participant(s) discovered the different ways they can share their faith, how to share their own story of salvation, as well as how to share the gospel in three practical ways.
- One of the most important discipleship concepts you need to transfer to the person you're discipling is how to share their faith. Let them know ahead of the meeting that you are going to play the role of someone who's lost and that they need to share the gospel plan of salvation (of their choice) with you. Be prepared to have pen/paper to draw the Bridge diagram.

Week 9 At A Glance

DAY 1 – What Are Some Ways I Can Share My Faith?

God wants you to have both a ministry in the church and a mission in the world. How do we F.I.S.H. for men?

Find whom God wants you to reach, Invest yourself in their lives, Share your story and God's story, Help them grow and reproduce. There are six examples in Scripture of how people shared their faith: 1.) Peter's Intentional approach, 2.) Paul's Intellectual approach, 3.) The Blind Man's Testimony approach, 4.) Matthew's Relational approach, 5.) Dorcas' Servant approach, and 6.) The Samaritan Woman's Invitation approach.

DAY 2 – How Can I Start the Conversation?

People seem to be most open to the gospel during three times in their life. When they are: 1.) under tension, 2.) during transition, or 3.) in trouble. It's important to learn how to discern when a person might be in "the red zone" and open to hearing more about the gospel. This lesson provides 20 sample questions for how anyone can transition any conversation towards the Gospel.

DAY 3 – How Do I Share My Personal Story?

When skeptics asked the blind man about his healing from Jesus, his response was personal and powerful: "I once was blind, but now I see." Stories are powerful because people are 1.) interested in stories, 2.) can relate to your story, and 3.) can't argue with your story. Learn to share your own story in under 2 minutes by sharing what your life was like before you came to know Christ, how you made a commitment to follow Jesus, and the changes that have taken place after.

DAY 4 – How Can I Share the Gospel? (Part 1)

This lesson shows how to share the gospel by using the "Bridge" diagram. The key words to remember how to share the gospel using the Bridge are: Relationship, Separation, Good Works, Fall Short, Death, Bridge, Paid, Receive.

DAY 5 – How Can I Share the Gospel? (Part 2)

This lesson presents two more additional ways to share the gospel by using easy-to-remember visuals. Hand-to-Hand evangelism uses the fingers on your hand to remember key aspects of the Gospel: Thumb=Good News, Pointer Finger=One problem of sin, Middle Finger = Jesus Christ, Ring Finger = Our Response, Pinky Finger = Our Faith, Palm of Hand = Security of Eternal Life. The Morality Ladder is a diagram that helps a person see where they are compared to where God's standard of perfection is. We need Jesus to fill in the gap.

Becoming a Disciple-Maker Debrief

Before the Meeting

- Go back over participant responses to the questions in the app. In this week's study, your participant(s) discovered the power of discipleship and how to go about being a LifeCoach disciple-maker for others.
- You may want to show 1 or 2 videos about discipleship (e.g. "This is Discipleship" on YouTube).
- Spend some time talking about who they can approach to disciple. Help them formulate a plan to transfer what they've learned and invest into others. Absolve their fears that they "may not be ready" or "don't know enough." You only need to be "one chapter ahead" to disciple another person.

Week 10 At A Glance

DAY 1 – What Is Discipleship?

Jesus said, "Follow me and I will make you fishers of men." What is a disciple? If we are not making disciples can we say that we are really disciples ourselves? Discipleship is not teaching, preaching, mentoring, or a program. It is investing our lives into the life of someone else so that they can repeat the process. Making disciples makes me.

DAY 2 – What Are the Stages of Discipleship?

The five stages of discipleship are:

1. Dead
2. Infant
3. Child
4. Young Adult
5. Parent

DAY 3 – What is the Power of Multiplication?

The goal of the church is not to just add new believers but to multiply disciple-makers. We must have a vision to multiply out to four generations just as Paul did (Paul, Timothy, Faithful Men, Others Also). This lesson reviews Jesus' model for discipleship. John Maxwell summarized it this way: Modeling, Mentoring, Monitoring, Motivating, and Multiplying. We must focus on multiplying our efforts through our investment in others - thus fulfilling the Great Commission.

DAY 4 – How Do I Know Who I Should Disciple?

Jesus taught his disciples the "Person of Peace" strategy in determining who they should invest in. How do I know who I should invest in? 1.) Begin with prayer, 2.) Begin to "out" yourself as a disciple of Jesus Christ, 3.) Don't just look for good people, look for good soil, 4.) Don't worry about being rejected, expect it. You identify a person of peace through six marks: 1.) They welcome you, 2.) They receive you, 3.) They are open to you, 4.) They will be open to what you have to say about Jesus, 5.) They are open to the life you live because of Jesus, 6.) They serve you.

DAY 5 – How Can I Coach for Life?

There are five habits of an effective LifeCoach. These are the five habits you incorporate into your weekly meetings by using the acronym: C.O.A.C.H. 1.) **C**onnect with them relationally, 2) **O**utline key issues to explore, 3.) **A**sk thought provoking questions, 4.) **C**hallenge them with next steps, 5.) **H**elp them to grow and coach other disciples. The benefit of making disciples is that you live an empowered life. Every time in the New Testament that you see people being "filled with the Holy Spirit" it is always in connection with Great Commission, disciple-making activity.

Questions

- Are all Christians disciples? If not, what are the differences?
- How do we move from acting like a spiritual child to acting like a spiritual adult or parent? (1 Corinthians 13:11).
- Why is it important to look for that "Person of Peace"? What are their characteristics?
- Who is responsible for making disciples?
- Who are you planning to approach about beginning a disciple-making relationship?

My Notes: _____

Additional Resource:
Growing Up: How to Be a Disciple Who Makes Disciples
By Robby Gallaty

One of the best books with a practical plan on how to be a disciple-maker.



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